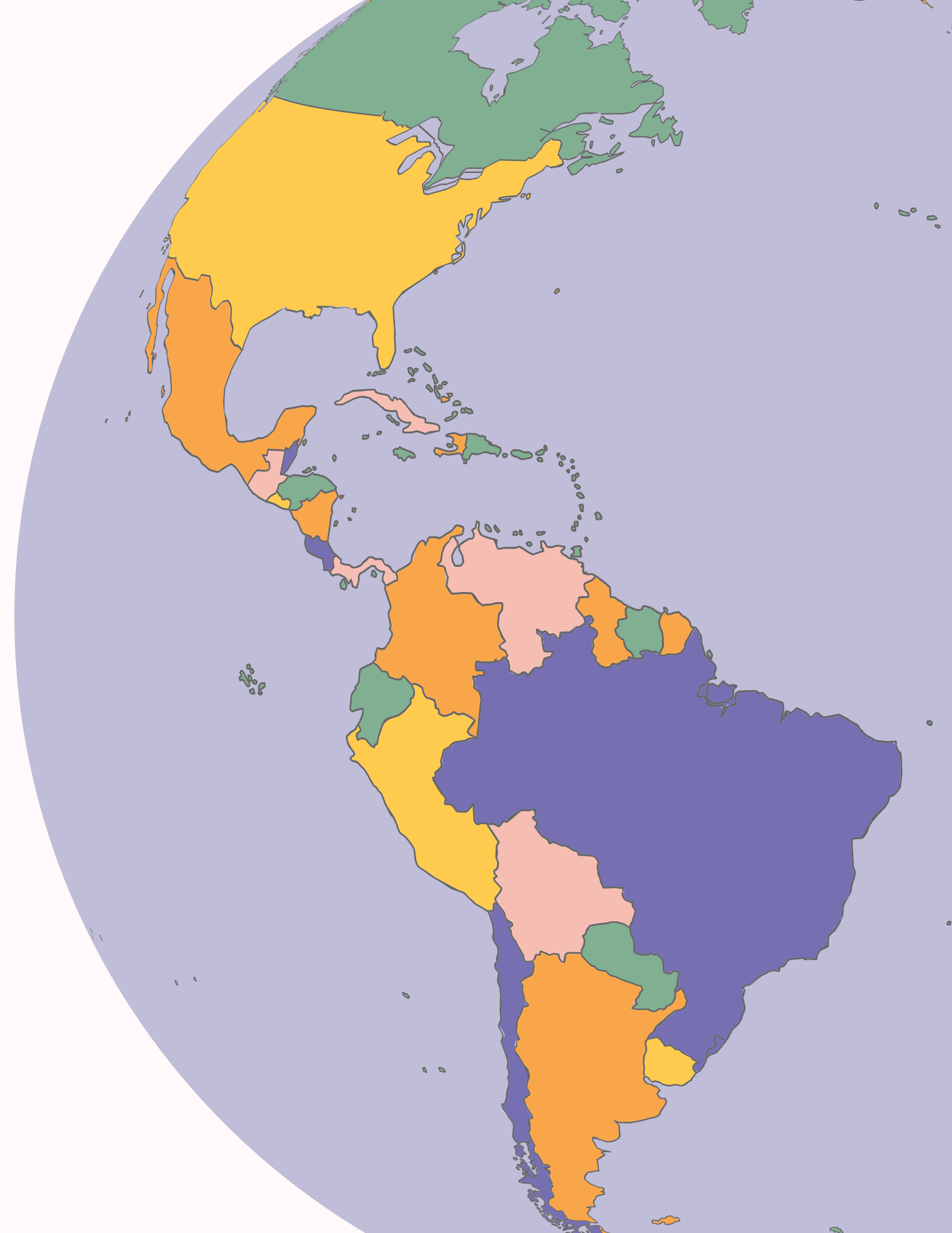
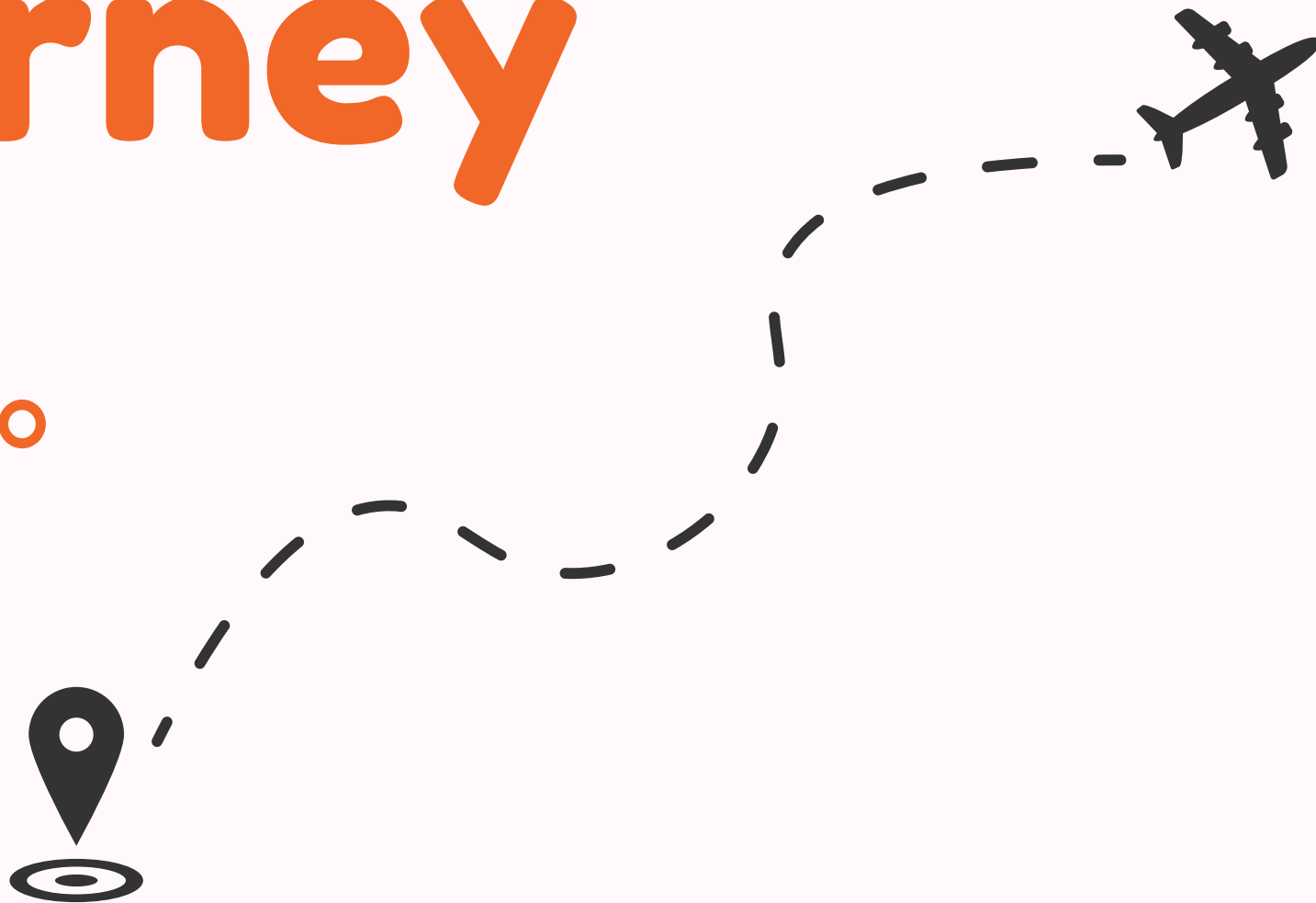


Food Journey

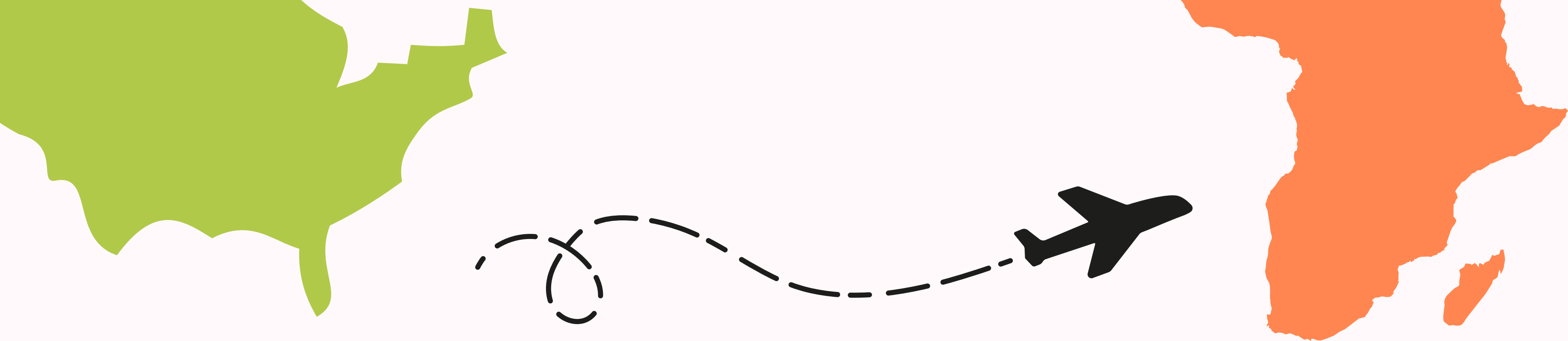
Estelle Zhao





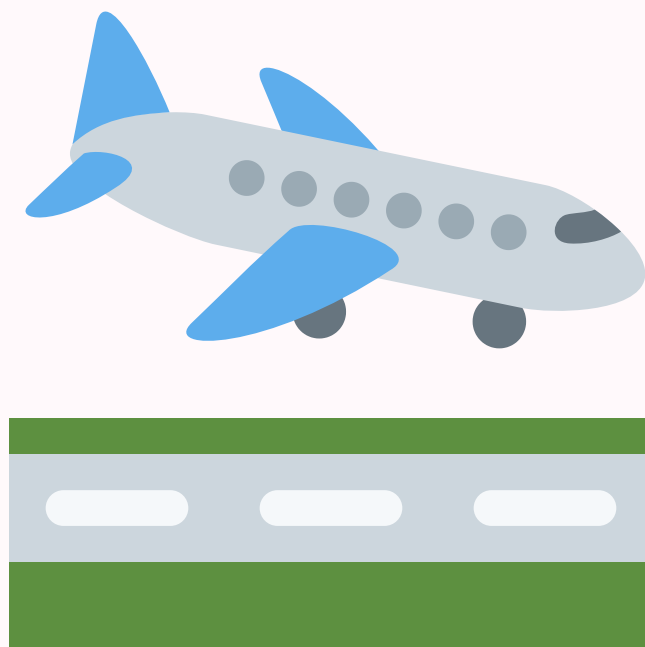
What is Food?

1. Food gives us energy.
2. Food tells stories about people and culture.



**Are you ready to go on a
food journey?**

**Our first stop on the
journey is JAPAN!**



Sushi



**Our second stop
on the journey is
America!**



Hamburger



**Our third stop on the
journey is Italy!**



Pizza



**Our fourth stop on
the journey is Mexico!**



Tacos





What country is this?



Asado



**Our last stop on the
journey is China!**



Dumplings

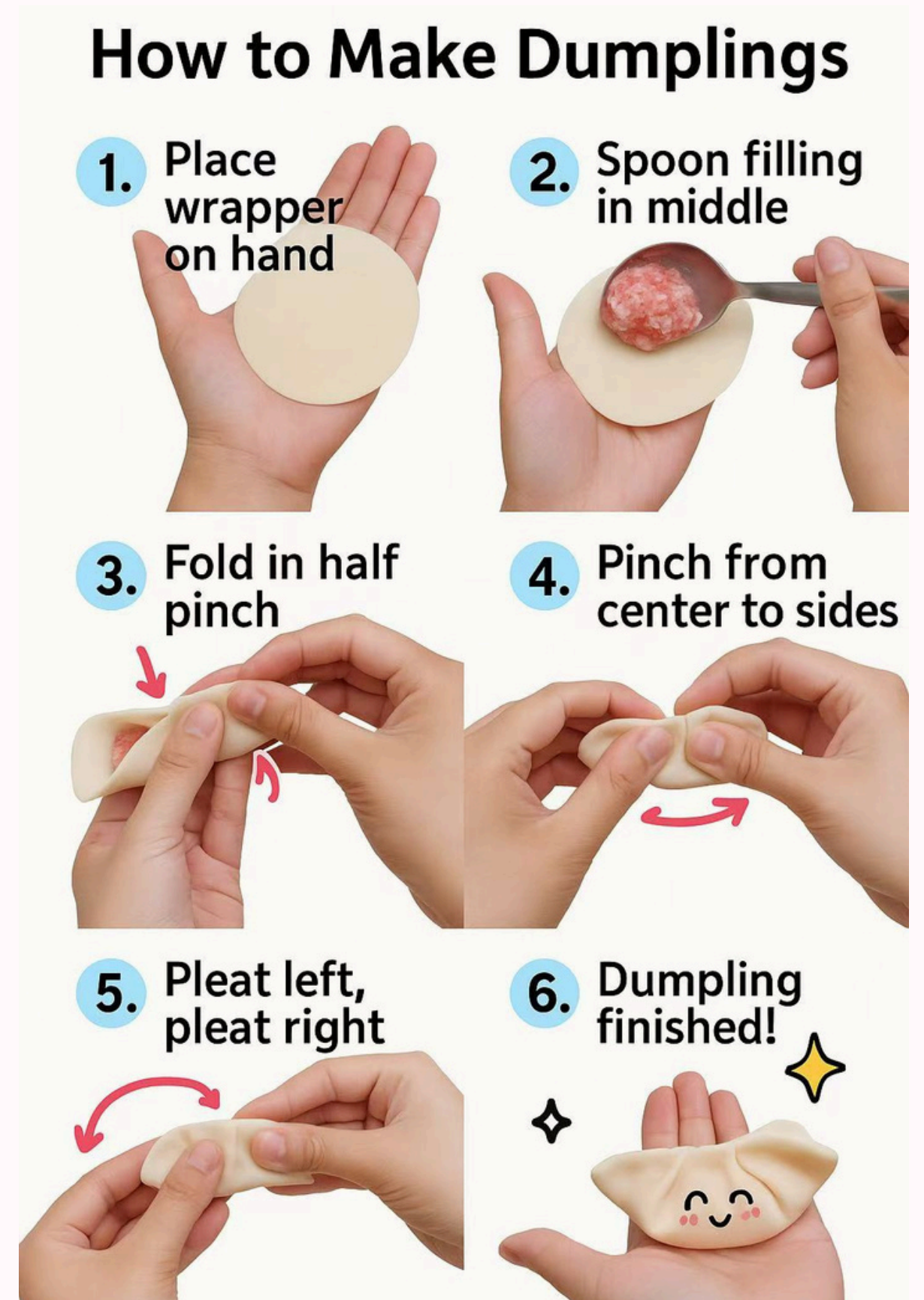


How to Make Dumplings

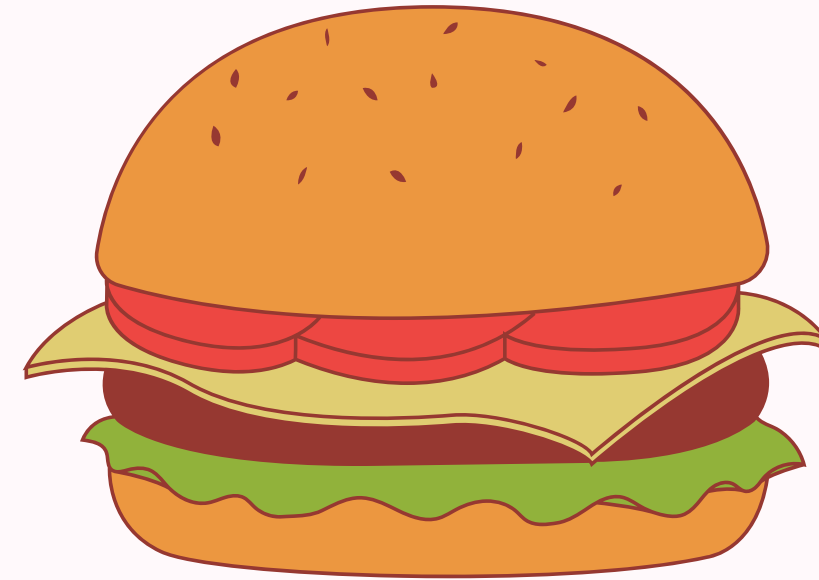
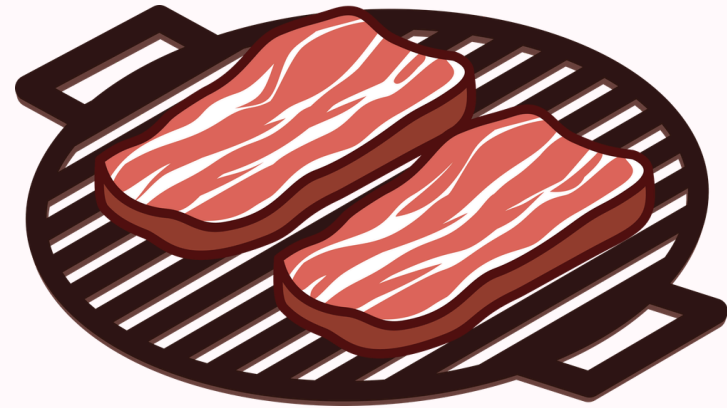
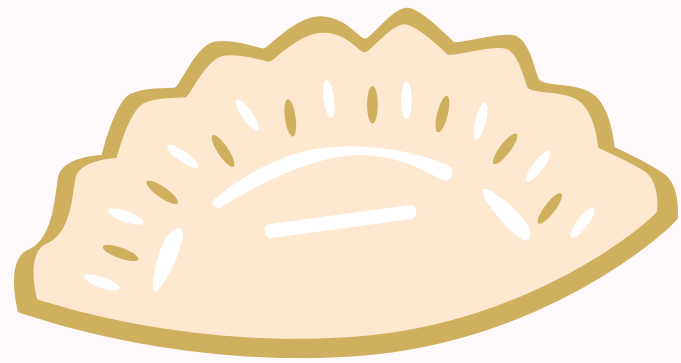
- **Flour**
- **Water**
- **Any Meat or Vegetables you prefer**
- **Salt, soy sauce, vinegar, cooking oil**

Steps:

1. Mix flour and water to make dough.
2. Roll the dough and cut it into small circles.
3. Put a little meat or vegetables in the middle.
4. Fold it and press the sides – like a little moon!
5. Boil in hot water for 5–6 minutes.
6. Eat with soy sauce – yum! 😊



Let's play a game!



Argentina America Japan China Italy

Thank You!

